教員紹介 氏名 ひらがな 職位(教授/准教授/講師/助教/助手) 外尾 亜利珠 ほかお ありす 助手 所属 (学科) (専攻・コース) 地域共生学科 食物栄養コース 教育モットー(学生へのメッセージ) 調理実習、実験実習、また授業以外でも、学生の短大生活が充実するようにサポートします! 担当科目 栄養指導論実習Ⅱ 生化学実習 食品学実習 解剖生理学実習 食品衛生学実習 臨床栄養学実習 茶道文化I 製菓実習 I 製菓実習Ⅱ 茶道文化Ⅳ 専門分野 (学問分野/専攻) 分子栄養学 研究テーマ (研究領域) 妊娠期のカルシウム制限が胎仔び仔に及ぼす影響 所属学会 公益社団法人 日本栄養士会 日本食生活学会 日本栄養改善学会 学歴•学位·免許資格 平成26年3月 長崎国際大学 健康管理学部 健康栄養学科 卒業 平成 26 年 3 月 栄養士免許 取得 (第 14611 号) 平成 26 年 5 月 管理栄養士免許 登録 (第 185779 号) 平成28年3月 長崎国際大学 健康管理学研究科 健康栄養学専攻 修了 職歴 平成 26 年 1 月 ティーチングアシスタント(栄養情報処理)(平成 28 年 3 月まで) 平成28年4月 長崎短期大学 食物科 助手(令和2年3月まで) 令和 2 年 4 月 長崎短期大学 地域共生学科 助手(現在に至る) 教育研究業績 著書、学術論文等の名称 発行所、発表雑誌等又は発表学会等 平成 26 年 11 月 母体の鉄制限が胎仔の GLUT 発現に及ぼす影響 第49回 日本食生活学会(金沢) 平成 27 年 11 月 妊娠期のカルシウム制限が胎仔の IGF-1 発現に及ぼす影 第51回 日本食生活学会(岡山) 平成28年2月 妊娠期のカルシウム制限が胎仔及び仔に及ぼす影響 長崎国際大学大学院 修士論文 第53回 日本食生活学会(大阪) 平成 28 年 11 月 妊娠期のカルシウム制限が仔の IGF-1 発現に及ぼす影響

平成 29 年 10 月 妊 娠 期 の カ ル シ ウ ム 制 限 が 仔 ラット 肝 臓 の 第 55 回日本食生活学会(北海 Glucose-6-Phosphatase 活性に及ぼす影響 道) 令和 1 年 9 月 妊娠期のカルシウム制限が胎盤の IGF-1 発現に及ぼす影 第 66 回日本栄養改善学会(富 響 山) 令和 1 年 9 月 食育ボランティア活動の企画実施が栄養士養成課程在学生 第 66 回日本栄養改善学会(富 の社会人基礎力の向上におよぼす影響 山)

社会における活動等 (学会・研究会等の委員・役員/講演会/社会貢献/表彰/他) 特記事項なし

Name	Faculty introduc	ction (Educational ach	ievements)				
Education motto (message to students) We support students to enrich their junior college life outside of cooking, training, and class! Subjects Nutrition Counseling Practice II Biochemistry training Food hygiene training Anatomy and physiology training Food hygiene training Food hygiene training II Fae Ceremony Culture I Confectionery training I Confectionery training II Fae Ceremony Culture IV Specialized field (academic field / major) Molecular nutrition Molecular nutrition Research theme (research area) Effects of calcium restriction during pregnancy on fetuses and offspring Academic societies The Japan Dietetic Association Graduated from Nagasaki International University, Faculty of Health Management, Department of Health and Nutrition March 2014 Obtained a dietitian license (No. 14611) May 2014 Registered dietitian license (No. 185779) March 2016 Nagasaki International University Graduate School of Health Management, Department of Health and Nutrition Work history January 2014 Teaching Assistant (Nutrition Information Processing) (until March 2016) April 2020 Nagasaki Junior College Food Department Assistant (until March 2104 oyear of Reiwa) April 2020 Nagasaki Junior College, Department of Community Symbiosis. Assistant (to the present) Educational reserrch achievements Names of books, academic papers, etc. Publication office, publication magazine, etc. November Effect of gestational calcium restriction on fetal GLUT expression Society (Okayama) February 2016 Effects of calcium restriction during pregnancy on fetuses Master's thesis at Nagasaki International on offspring Hermational University	Name		Position	Affiliation (Department, etc.)			
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November Effect of maternal iron restriction on fetal GLUT expression 49th Japanese Society of Food Life (Kanazawa) November Effect of gestational calcium restriction on fetal IGF-1 51st Japanese Food Life 2015 expression Society (Okayama) February 2016 Effects of calcium restriction during pregnancy on fetuses and offspring International University	Educational research achievements						
November Effect of gestational calcium restriction on fetal IGF-1 51st Japanese Food Life 2015 expression Society (Okayama) February 2016 Effects of calcium restriction during pregnancy on fetuses and offspring International University		Names of books	, academic papers, etc. Pub	blication office, publication magazine, etc.			
November Effect of gestational calcium restriction on fetal IGF-1 51st Japanese Food Life 2015 expression Society (Okayama) February 2016 Effects of calcium restriction during pregnancy on fetuses and offspring International University	November	Effect of maternal in	on restriction on fetal GLUT exp	ression 49th Japanese Society of Food			
2015 expression Society (Okayama) February 2016 Effects of calcium restriction during pregnancy on fetuses Master's thesis at Nagasaki and offspring International University	2014			Life (Kanazawa)			
February 2016 Effects of calcium restriction during pregnancy on fetuses Master's thesis at Nagasaki and offspring International University	November	Effect of gestation	al calcium restriction on fetal	IGF-1 51st Japanese Food Life			
and offspring International University	2015	expression Society (Okayama)					
	February 2016	Effects of calcium i	estriction during pregnancy on f	fetuses Master's thesis at Nagasaki			
Graduate School		and offspring		International University			
				Graduate School			
November Effect of gestational calcium restriction on IGF-1 53rd Japanese Society of Food	November	Effect of gestation	onal calcium restriction on	IGF-1 53rd Japanese Society of Food			
2016 expression in offspring Life (Osaka)	2016	expression in offspr	ing	Life (Osaka)			

October 2017	Effect of gestational calcium restriction on	55th Japanese Society of Food			
	Glucose-6-Phosphatase activity in rat liver	Life (Hokkaido)			
September	Effect of gestational calcium restriction on placental IGF-1	66th Japan Society for			
2019	expression	Nutrition Improvement			
		(Toyama)			
September	Impact of planning and implementing food education	66th Japan Society for			
2019	volunteer activities on improving the basic skills of working	Nutrition Improvement			
	adults in the dietitian training course	(Toyama)			
Activities in society (Members / Executive Committee / Executives / Social Contribution / Awards / Others)					
	no special instruction				